Afternoon Retreat Program

Monthly afternoon retreats provide opportunities for students, spouses, and staff to center, pray and focus on their relationship with God. Each retreat will be offered twice, on Wednesday and Friday from 1:30 to 4:00 at the Aquinas Center on Stockton Street, across from Speer Library. They will be led by spiritual directors and PTS’ faculty and administrators. There is no fee. You may register in the Chapel Office (497-7890) for one at a time or for all six.

**October 2 and 7: “Maintaining your Spiritual Life”**
Led by Ruth Workman, who has provided spiritual direction for PTS students for the last decade and has served Presbyterian congregations for many years as The Associate for Pastoral Care and the Director of Christian Education.

**November 11 and 13: “Discerning Your Call”**
Led by Marc Oehler, a PTS alum, the Associate Pastor at the Presbyterian Church of Chatham Township, a spiritual direction and a licensed clinical social worker who is passionate about the topic of discernment.

**December 4 (only): “Waiting for Emmanuel”**
This retreat will be led by Dr. Bo Karen Lee, Assistant Professor of Spirituality and Historical Theology at PTS.

**January 6 and 8: “Epiphany and Other Gifts of a New Year”**
The Rev. Jan Ammon is a PTS alum and our Minister of the Chapel. She has served on the pastoral staff of large and small Presbyterian Churches and enjoys leading retreats.

**February 3 and 5: “A Glimpse into Ignation Spirituality”**
Led by Millie Barton who pursued spiritual direction training after many years in the corporate world. She is also trained in Gestalt Therapy and Pastoral Care and is well-versed in the time-honored Spiritual Exercises of Ignatius of Loyola.

**March 17 and 19: “God rested…The Challenge and Blessings of Sabbath”**
Led by the Rev. Nancy Schongalla-Bowman, Director of Student Counseling.

Students may also want to attend the Holy Cross Monastery retreat sponsored and modestly subsidized by the Department of Student Life, January 26 – 28.