PARALLEL SESSIONS, CHOOSE TWO

- Secure Foundations: Exploration of patterns from family of origin.
- God and Your Marriage: Discussing spiritual practices and theological concerns.
- Premarital Contracts: Making unconscious expectations conscious.
- Attraction, Romance, & Sexuality

FEATURED SPEAKERS:

Rev. Peter Bridge, Licensed Clinical Social Worker and Former Director of the Samaritan Counseling Center, and ordained Episcopal Priest.

Rev. Flo Guynn-Stiffler, Marriage and Family Therapist and Director of the Clergy Training Program, and ordained Presbyterian clergy person.

Rev. Nancy Schongalla-Bowman, Marriage and Family Therapist and Director of Student Counseling at Princeton Theological Seminary, and ordained United Church of Christ clergy person.

Rev. Peter Stimpson, Licensed Clinical Social Worker and Director of Trinity Counseling Center, and ordained Episcopal Priest.

Foundations is sponsored by the Episcopal Evangelical Education Society and the Office of Student Counseling at Princeton Theological Seminary
(609) 497-7844

Princeton Theological Seminary
Mackay Campus Center

January 29-30, 2010
WHO

Premarital, newlywed, and seriously committed couples. Couples married over two years are welcome as space allows.

WHAT

The workshop will feature clergy and counseling professionals speaking on conflict resolution, communication, and family of origin issues. There will also be small group sessions on topics such as marital expectations; romance, sexuality, and attraction; premarital contracts; and God and your marriage.

The workshop will help participants connect with other couples in the community, and an optional follow-up book group will be offered.

WHEN & WHERE

Friday Jan 29, 7:00-9:30
&
Saturday Jan 30, 8:45-2:30

Princeton Theological Seminary,
Mackay Campus Center
Main Lounge

WHY

Pre-marriage education can reduce the risk of divorce by up to thirty percent, and lead to a significantly happier marriage, according to marriage research. It can also reduce the stress of the pre-wedding period. Research also suggests that there is a window of opportunity during the year before the wedding and six months or so afterward when couples get the optimal benefit from marriage preparation.

IN PREPARATION...

If you have not taken a premarital inventory under the supervision of a premarital counselor, we ask that you complete an online inventory before the Foundations Workshop. There are several available on the market, but Foundations recommends the Relate Premarital Inventory, which can be purchased for $10 each and completed online at: www.relate-institute.org. It will be helpful to review and discuss your results with each other before attending the workshop.

REGISTRATION FORM:

Couple’s Names
________________________________
_________________________________

Primary Contact’s Address
__________________________________

City, State, Zip____________________

Telephone Number(s)________________
____________________

E-Mail Address(es)___________________
__________________________________

How long have you been engaged or married? ________

Have you done any premarital counseling? If so, how many sessions?____________________

Have you completed a premarital inventory? If so, which one? ________________________

If not, are you willing to complete an inventory online (For example, www.relate-institute.org)?________

REGISTRATION CONTINUED ➔ (over)

PAYMENT

The cost for the Foundations Workshop is $20 per couple and includes lunch. A check payable to Princeton Seminary, or cash, can be sent or brought to Teresa Heyer, Chapel Office, Princeton Theological Seminary, P.O. Box 821, Princeton, 08542, phone (609) 497-7844.

The fee for PTS students can be charged to your student account. Signing here signifies that you would like payment taken directly out of your PTS account.

PTS Student ID #____________________________________

Signature                                                                Date

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Signature                                                                Date